

CLUB DANCE HOLIDAYS FACTSHEET

BALLROOM / MODERN & LATIN IN CALPE

1st – 8th JUNE 2025

'Modern Ballroom, Latin and some popular Social Sequence'. Maureen Stewart and her partner Jim join us and can not wait to welcome you for the ultimate Ballroom dance holiday, ideal for all Social Dancers who enjoy a mix of Ballroom, Latin and Popular Social Sequence.

PACKAGE INCLUDES

- Return Airfares*
- Breakfast, & Dinner
- 7 nights accommodation
- Return transfers
- Dance workshops daily

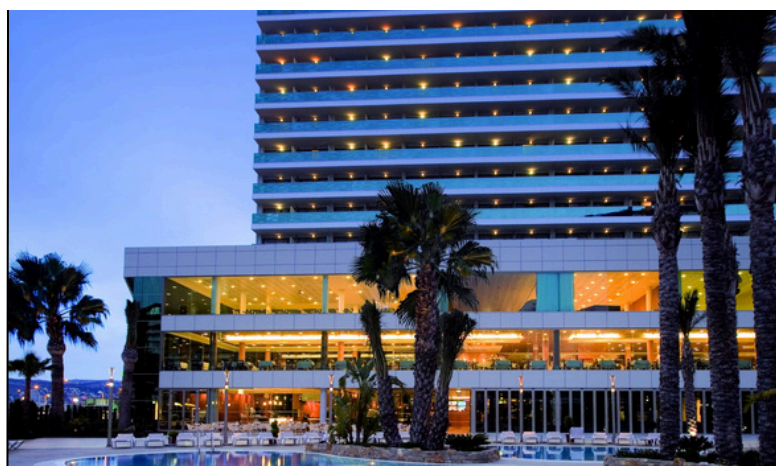
BOOK EARLY FOR BEST PRICE!

£1,199 per person

Early Bird Booking price ends 31/12/2024

*Return flights from London Gatwick. Other airports possible with supplement

Ballroom dance has never been more popular and we bring you a wonderful opportunity to learn or perfect a new skill, meet like-minded people and keep fit in the comfort of the fantastic 4* Hotel Diamante Beach in Calpe / Spain. You will enjoy at least eight hours of dance tuition throughout the week, plus revision sessions and dancing each evening.



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WHAT'S INCLUDED

- Return flight from London Gatwick (other airports available at a supplement)
- Return Airport Transfers
- 7 nights accommodation in a fantastic 4-star hotel
- Half-board with breakfast & dinner daily
- Dance workshop sessions, suitable for improver level upwards plus revision sessions
- Music & dancing every evening

NB: Price is based on twin share accommodation.

WHAT PREVIOUS GUESTS SAY

- 'The dance teachers are a great team, with an excellent teaching method'
- 'Loved being able to relax while still having an activity to focus on'
- 'Overall an enjoyable week, with a good balance of teaching time, dancing, and free time. Lots of laughter'
- 'Very enjoyable and felt we improved our dancing skills considerably. The mix of classes and free time was great'
- 'Superb tuition, lovely people, good evening dancing'

IS THIS HOLIDAY FOR ME?

This is the ideal holiday for anyone who loves to dance.

You will learn new routines and immerse yourself in the world of dance for an intensive week of classes, social events and fun in the sun. This is a holiday for all ages and abilities and is a fantastic opportunity to experience the dance fever currently sweeping the nation!

With flexibility in our teaching, it is not a problem to suit the package to your level of ability, and you can take part in as many or as few workshops as you wish.

Not only will you perfect your ballroom repertoire, but you will also have the opportunity to chill by the pool, relax on the beach and explore the surrounding area.

THE DESTINATION

Located on the central Eastern coastline, Spain's Costa Blanca is a popular destination for tourists who arrive every summer to take advantage of the warm climate, sun-drenched beaches, laid-back lifestyle and lively evening culture. Calpe is situated approximately 60km from Alicante airport. With around 13,000 inhabitants, this unassuming former fishing village has become a popular resort. A distinguishing feature of the town is the "Penon de Ifach", an imposing rock which rises from the sea and creates a unique landscape for this coastal resort.

Calpe's two main beaches, the Cantal Roig and the Playa Arenal, are renowned for their long stretches of fine sand and clear waters, perfect for swimming and also popular with surfers. Protection from the wind by surrounding mountains means that the town's beaches generally remain warm and the sea calm.

CLIMATE AND WEATHER

In June, Calpe enjoys average daily temperatures ranging from 18°C to 26°C. The temperature tends to be cooler in the mornings and evenings, while the afternoons can get quite warm.

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CLASSES AND WORKSHOPS

Learn and Improve teaching sessions: 'Learn and Improve' morning teaching sessions are a brilliant way to acquire fun, enjoyable and practical get-up and dance know-how. Your dance course covers the rich portfolio with a selection of Modern Ballroom dances – Waltz, Tango, Slow Foxtrot and Quickstep, plus the Latin American dances of Cha Cha Cha, Rumba, Samba and Jive.

Dance venue: All the dancing conveniently takes place in the hotel.

Music and Dance Evenings: During the evenings Maureen and Jim would like to offer informal tuition as appropriate for individual couples on a more personal basis than during the group sessions. Please don't hesitate to chat through the possibilities and they will try to help with practical advice as well as recap some of the choreography of the morning workshops if required.

Singles: Whilst those booking without a partner will be amply catered to in the classes, it is worth noting that Modern & Latin as a dance does attract couples. This might be a consideration from a social perspective on the holiday. If you are booking on your own, please contact us for more details.

The main dances in modern ballroom area:

- The Waltz - Slow waltz, (Think "Come Away with Me" by Norah Jones)
- The Quickstep - As the name suggests – fast! (Think Nat King Cole's "Let's Face the Music and Dance" or "I'm the King of the Swingers" a la Jungle Book!)
- Foxtrot - Smooth as silk – (Think Frank Sinatra's "I've got you under my skin" or Michael Buble's "Just Haven't met You Yet")
- Ballroom Tango – Usually quite dramatic – (Think "Phantom of the Opera" or Fernando's Hideaway")

The Waltz – Stems from one of the oldest folk dances, which was usually danced to a faster tempo - more like the Viennese Waltz. This was refined and slowed down for ballroom waltz to emphasise the flowing and smooth nature of the music. It is the most danced of all the ballroom dances and along with quickstep the first you would normally learn. The famous 1-2-3 music beat makes it fairly basic to follow and relatively easy for a beginner to pick up basic steps within a short period. To master the dance and make it look really good takes a lot of dedication and therefore a good ballroom holiday would help to enhance it.

The Quickstep – Very fast and fun! Along with the waltz one of the first dances you would normally learn in ballroom. The slow-slow-quick-quick-slow rhythm is quite easy to follow and therefore relatively easy for beginners to get the hang of the basic steps and quickly be able to move around a dance floor. To become good requires a lot of practise and energy. So most people stick to the basics with one or two fancy steps to impress. A ballroom holiday would allow a beginner to learn enough to join in a dance and more experienced dancers to add to their repertoire or polish their style.

The Foxtrot (Also known as Slow-Foxtrot) – The most difficult of the modern ballroom dances, yet often the most beautiful music (Frank Sinatra, Michael Buble, Ella Fitzgerald etc) and that is why many people will go through the pain and frustration of learning it. You would usually learn basic waltz and quickstep before starting on foxtrot, as you need to have some idea of timing and how to move with the music. You start by being mystified by the complexity of the steps, which make no sense at all at the beginning. Then suddenly you get it - and you link it in with the wonderful music - and it was all worthwhile!

A ballroom holiday gives you the concentrated tuition and practice needed to pick the basics up in a relatively short time and for the experienced dancer, allows you to build on the grace and flow of this beautiful dance.

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THE LEARNING EXPERIENCE

Learn and Improve teaching sessions: Your dance course covers a rich portfolio of Modern Ballroom dances – Waltz, Tango, Slow Foxtrot and Quicksteps – with an emphasis on togetherness, floor craft and choreography. Basic work in the popular Latin Ballroom dances of Cha Cha Cha, Rumba, Samba and more will be included.

A ballroom holiday gives you the concentrated tuition and practice needed to pick the basics up in a relatively short time and for the experienced dancer, allows you to build on the grace and flow of this beautiful dance.

YOUR TEACHERS

'Holiday & Dance' are proud to offer over 40 years of experience in Modern Ballroom and Latin American dancing and have been delighted to work with Club Dance Holidays for nearly 20 years. We would like to introduce Maureen Stewart and her partner Jim as your friendly hosts and teachers.

Maureen has been dancing socially (with Jim) for over 40 years and has been running Strictly Fun Dancing social dance events and holidays for about 15 years. They are social dancers who wish to give other social dancers the opportunity to enjoy their own dancing in a fun and relaxed environment.

They also choreographed the Platinum Waltz for the Queen's Platinum Jubilee and the King Charles Waltz for the King's Coronation to David Read's original music compositions. Jim has been a dance host on cruise ships for many years and we also organise holidays for Solo dancers (social dancers with no regular partner).

NIGHTLIFE

You'll be able to put into practice what you have learnt in the company of your teacher and fellow students with 'Music and Dance' on seven evenings. All the dancing conveniently takes place in the Hotel. The best-recorded music will be presented during the evening so you can show off your moves!

FLIGHTS & TRANSFERS

Flights: Flights are included from London Gatwick. Other airports are available with a supplement. Please contact us for more information.

Transfers: Return airport transfers are included (from/to Alicante Airport).

ORGANISATION - WHAT TO EXPECT

10 - 14 days prior to departure: we will send you the holiday 'joining instructions' with itinerary, flight tickets and other important information relating to your travels.

On Arrival: You will receive a detailed itinerary.

Club Dance Holidays Host: The dance teachers will be your host. They will be happy to help you with any questions that you may have.

Free Time: We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you. The reception will be on hand for any queries you may have about the local area.

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SAMPLE ITINERARY

Here's a provisional itinerary aiming to give you an idea of what your holiday will look like, however there will be some elements which will change including extra workshop hours added, and the 'Learn to Dance' sessions.

DAY 1

Arrival and transfer to the hotel

Afternoon - Activity suggestion

21:00 - Overview of the week; Welcome drink and Music and Dance session.

DAY 2

10:00 - Learn & Improve workshop (1.5 hours)

Afternoon - Relax on the beach, chill by the pool or explore the local sights

20:45 - Dance update

21:15 - Music and Dance session

DAY 3

10:00 - Learn & Improve workshop (1.5 hours)

Afternoon - Relax on the beach, chill by the pool or explore the local sights

20:45 - Dance update

21:15 - Music and Dance session

DAY 4

Free day to enjoy the hotel and surroundings

20:30 - Music and Dance session.

DAY 5

10:00 - Learn & Improve workshop (1.5 hours)

Afternoon - Relax on the beach, chill by the pool or explore the local sights

20:45 - Dance update

21:00 - Music and Dance session

DAY 6

Morning - Learn & Improve workshop

Afternoon - Relax on the beach, chill by the pool or explore the local sights

Evening - Farewell dance evening

DAY 7

Transfer to Airport

WHAT TO BRING / BEFORE YOU GO

Useful Things to Bring

- Camera
- Shoes suitable for walking around the streets
- Spring/Summer clothing for daytime
- Jacket for evenings
- Swimming costume and suntan lotion
- This fact sheet and Joining Instructions (we send to you 10 days before departure)
- Passport, money, plane ticket.

What to wear for dancing: We recommend that you bring comfortable leather sole shoes, dance trainers for the classes and Socials. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! You may get through quite a few clothes in the workshops and dancing at night (you can get quite hot!) so bring a variety of outfits. Wear comfortable loose clothing for the classes and the evenings. The dress code at night is generally smart casual, however, nothing is strict.

Health and Fitness: There are no particular health requirements for a dance holiday. However, you should be able to dance for at least two hours a day to be able to enjoy the workshop/socials.

Insurance, Visa and Passport Requirements: Insurance is a condition of booking. Visas may be required for non-EU citizens. British nationals need a full passport to travel to Spain and MAY require the ETIAS visa waiver. Will will update you on the requirements closer to the time.

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YOUR ACCOMMODATION

Diamante Beach - Hotel** (Half Board Included)**

The AR Diamante Beach Spa is located on the Levante beach in the town of Calpe, a stunning location on the Costa Blanca in Spain's Alicante province. The hotel's unique style is characterised by its spectacular glass facade that lends an impressive source of natural illumination to the carefully designed interior.

There are no less than three outdoor pools, surrounded by attractive terraces dotted with palm trees and just a few steps from the seashore. The locally renowned, modern Spa is one of the best on the Costa Blanca and has an additional indoor pool with water features as well as Turkish baths, sauna and an array of treatments. It has been totally renovated and opened to the public again in May 2013. There is also a gym and access to a nearby golf course.

Dining options include two a la carte restaurants serving local and international cuisine, a buffet restaurant, a cafeteria and a piano bar. All 283 double rooms are attractively decorated and have large balconies, air conditioning, a safe, wi-fi internet connection, and a hairdryer.

Finally, and most importantly, the hotel boasts some of the best dance facilities in Europe, with several different-sized ballrooms with wooden flooring, perfect for any dance group to enjoy.

The Hotel is undergoing extensive renovations over the 2024-2025 winter period, so guests can expect updated facilities during their stay!

SINGLE ROOM SUPPLEMENTS, UPGRADES, AND EXTRA NIGHT RATES

Diamante Beach - Hotel** Half Board - (01/06/2025 to 08/06/2025 - 7 nights)**

Twin/Double Room Included

Twin/Double Room w/Single Occupation 224.00 GBP

Extra Nights - prices per night, inclusive of half board

Twin/Double Room 150 GBP

Twin/Double Room w/Single Occupation 115 GBP

HOW TO BOOK

You can book online via our webpage www.clubdanceholidays.com, or for a more personal touch, give us a call or email and we can complete a booking for you.

A deposit of £350.00 per person is required to confirm a booking. We then require the remaining balance by 10 weeks before departure, which we will remind you of closer to the time.

We are at your disposal Monday to Friday to answer any questions pre or post-booking, so do not hesitate to get in touch.

Terms & Conditions

You can find our terms and conditions of booking [here](#)